

Too Close? Too Far?

“Personal Space” Bookisode

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Instructions: To help children understand how personal space affects others, invade their space. Stand very close to them while talking. Then stand too far away. You can even stand outside of the room, if needed.

Then have a discussion. **Here are some sample questions to ask:**

- Did you notice anything different about me today?
*If they did not notice, try the activity again.
- How did you feel when I stood very close to you? What thoughts were you having?
- How did you feel when I stood far away from you? What thoughts were you having?
- Why did you have these feelings and thoughts about me?
- Have you ever stood too close or too far from someone? How did you know (what cues did you notice)? What feelings and thoughts do you think others had about you?
- If you noticed that you were not using the right amount of personal space, what did you do about it?
- Why are we talking about this topic? Why is personal space important?