

Big Feelings Alert

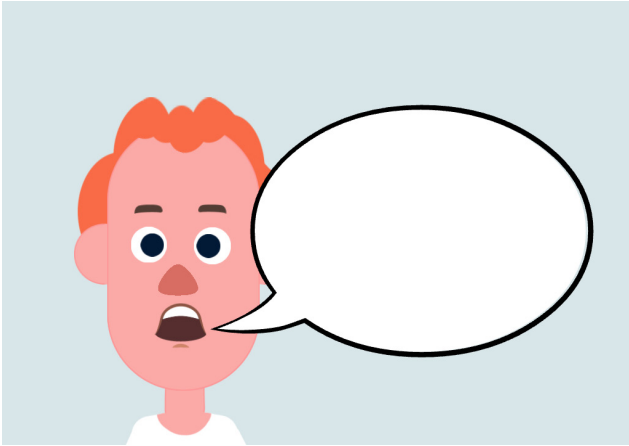
“My Feelings are MY Feelings” Bookisode

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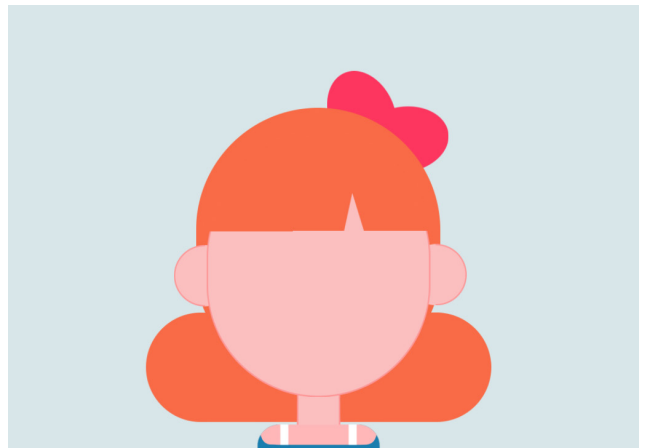
Part 1

Instructions: Write the words said by the characters, on the left, that did not help Daisy feel better. Draw how Daisy felt after they said their words.

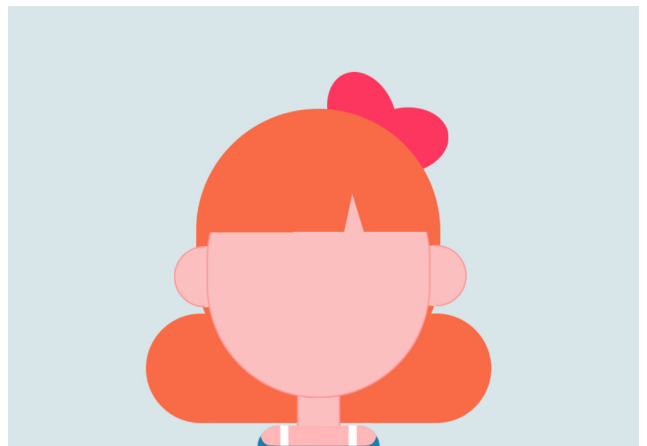
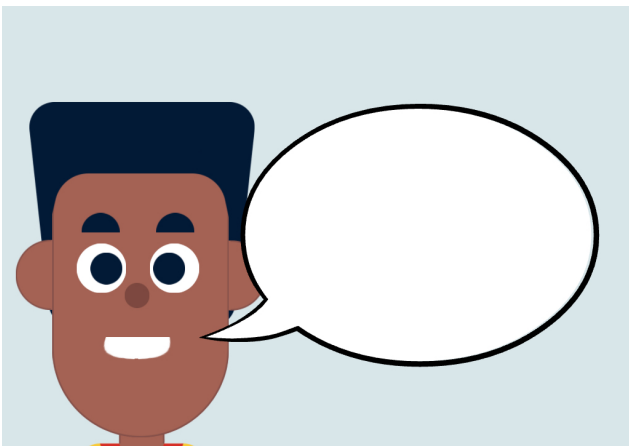
A.



B.



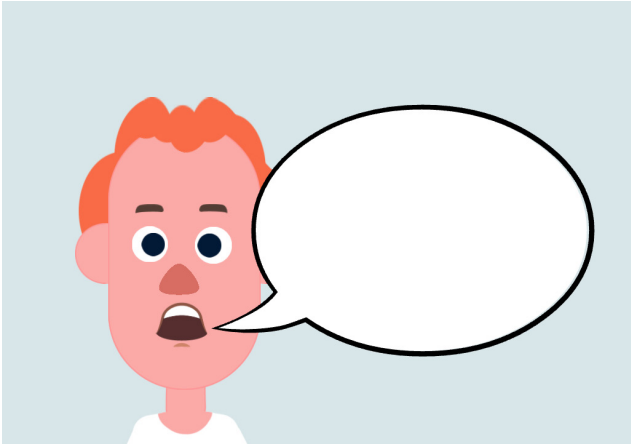
C.



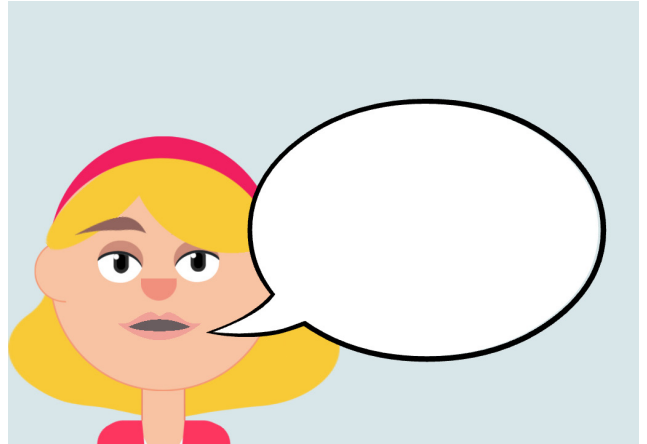
Part 2

Instructions: After receiving a “Big Feelings Alert” these characters changed their words. Write a **few words** that you think helped Daisy.

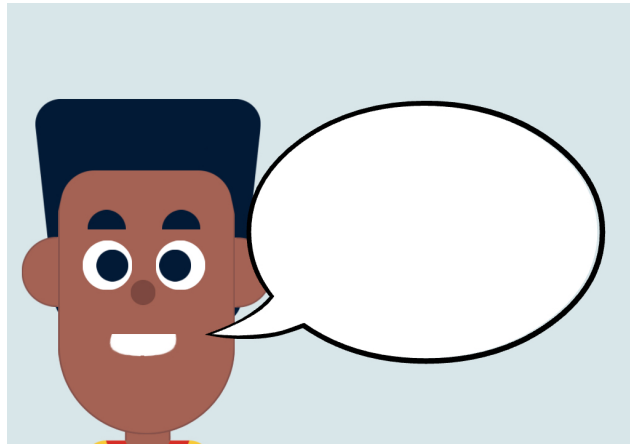
A.



B.



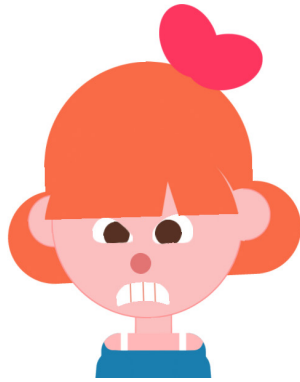
C.



Answer Sheet

Part 1

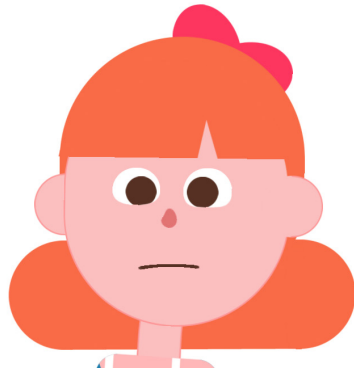
A. "Stop feeling sorry for yourself. It's not your party. Go have fun with your friends."



B. "It's ok. It's not a big deal."



C. "Oh you're ok. Just climb back up."



Part 2: Answers will vary